

# Sex and Relationships Education Policy



**Approved by Governors  
June 2016**

## **Introduction- What is meant by 'Sex and Relationships Education' (SRE)?**

Sex and relationships education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health (*Sex and Relationships Education (SRE) for the 21<sup>st</sup> Century-DfE 2014*). It includes such concepts as growing and changing, the life cycle, puberty and reproduction. It is also about general health and well-being, personal hygiene, emotions, relationships and responsibilities, and how we care for each other.

### **Aims**

Sex and Relationship Education (SRE) is firmly rooted in the Personal, Social and Health Education (PSHE) and Citizenship curriculum for Key Stage 2 (KS2) at Falcon Junior School.

Through this we aim to help children understand their own bodies, how they are growing and changing, and how they will change in the future. We aim to enhance the emotional and social development of children, helping them to understand the benefits of caring relationships and to be aware of pressures and possible dangers.

### **Objectives**

At KS2 SRE contributes to the foundation of PSHE and Citizenship by ensuring that by the time they leave primary school all children:

- will have developed confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support
- are prepared for puberty before they experience the onset of physical changes
- know 'how a baby is conceived and born'
- understand the importance of tackling prejudice and respecting each other
- understand that every person is an individual and may develop and change in different ways, and at different times
- understand that everyone does not look the same and that bodily differences are normal.

## **Curriculum Organisation**

SRE is delivered through elements of the science curriculum and through PSHE and Citizenship.

Learning outcomes in SRE are drawn from DfE guidance and include elements of the non-statutory framework for PSHE. In Years 3 and 4 children are taught about the emotional and physical changes of growing up, similarities and differences between boys and girls, and how babies are made from eggs and sperm. They are also taught how to look after their bodies and how to be safe and healthy.

In Years 5 and 6 children are taught about puberty, sexual feelings and changing body image. This includes preparation for menstruation. Adequate and sensitive arrangements are made to help girls cope with the onset of menstruation and requests for sanitary protection. Equal importance is given to puberty in boys and girls.

Children are also given more detailed information about conception, how babies develop and are born as well as knowing that people can get diseases from sex, including HIV, and how they can be prevented. They are also advised as to whom they can talk if they want help and information about growing up, and about personal safety online.

Through their work on diversity, children in all year groups will learn the importance of treating people fairly irrespective of their sexual orientation and gender stereotypes will be challenged.

Correct terms are used at all times for sexual parts of the body.

## **Teaching and learning**

A variety of teaching and learning strategies are used with an emphasis on active learning. Effective SRE lessons will involve a high level of interaction where each pupil has planned opportunities for learning through:

- Development of a trusting relationship between the teacher and the pupils
- Collaborative work and discussion
- Circle time activities
- Challenge within a safe environment
- Respect for each genuinely made contribution

- Acquiring new information

## **Assessment**

Children's understanding, knowledge and skills are assessed through observation, discussion, questioning and participation in group activities.

## **Inclusion**

Staff personal beliefs and attitudes will not influence the teaching of SRE. All teachers work within the guidelines of the following school documents:

- Aims and values of the school
- Single Equality Scheme
- Personal, Social and Health Education and Citizenship Policy

## **Partnership with parents/carers**

Most of a pupil's informal sex and relationships education occurs within the family and the school's programme will complement and build on this in co-operation with home. Parents/carers have the right to withdraw their child from non-statutory elements of SRE lessons.

## **Confidentiality and safeguarding**

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual activity, or raises any other safeguarding concerns, teachers must follow the school's safeguarding and child protection policy, reporting all concerns to the designated safeguarding leads.

## **Cross-curricular links**

Related policies:

PSHE and Citizenship

Teaching and Learning

Single Equality Scheme

## **Monitoring and review**

Monitoring and evaluation of SRE will be undertaken by the PSHE Co-ordinator and Governors. The policy will be reviewed every three years.