



Falcon
JUNIOR SCHOOL



**OUT OF
SCHOOL
CLUBS**



SPRING 2020

Welcome to our booklet, giving details of after school clubs happening at Falcon Junior School.

Clubs will start in week commencing 20th January, but please check each page for actual dates, as some start after half term.

Staff run some clubs and there is no charge. However, most clubs are run by outside coaches and there is a charge for these.

We hope your children are able to enjoy some of the activities.

On the page opposite you will see how the club system works, but please feel free to contact us if you have any further queries.

Please sign the form at the back of the booklet to indicate which clubs your child would like to attend.

WE WILL CONFIRM BY TEXT, IF YOU HAVE BEEN ALLOCATED A PLACE AT EACH CLUB. FOR THE BEST CHANCE - PLEASE RETURN THE FORM A.S.A.P.

After-school clubs - Sign-up form

Name of child _____

Class _____

Please indicate by ticking the box, which clubs you would like to join.

			Interested	WHI/SOS
Mon		Tennis (All Yrs)	<input type="checkbox"/>	<input type="checkbox"/>
Mon		Football Y3 & 4	<input type="checkbox"/>	<input type="checkbox"/>
Mon		Football Y6	<input type="checkbox"/>	<input type="checkbox"/>
Mon		Rugby Y5 & 6	<input type="checkbox"/>	<input type="checkbox"/>
Tue		Rugby Y3 & 4	<input type="checkbox"/>	<input type="checkbox"/>
Tue	Before	Archery (All Yrs)	<input type="checkbox"/>	<input type="checkbox"/>
Tue		Karate (All Yrs)	<input type="checkbox"/>	<input type="checkbox"/>
Tue		Running Y5 & 6	<input type="checkbox"/>	<input type="checkbox"/>
Wed		Running Y3 & 4	<input type="checkbox"/>	<input type="checkbox"/>
Wed	Lunch	Football Y5	<input type="checkbox"/>	<input type="checkbox"/>
Wed		Street Dance Y3 & 4	<input type="checkbox"/>	<input type="checkbox"/>
Wed		Street Dance Y5 & 6	<input type="checkbox"/>	<input type="checkbox"/>
Thurs	Before	Cheerleading (All Yrs)	<input type="checkbox"/>	<input type="checkbox"/>
Thurs		Japanese club (All Yrs)	<input type="checkbox"/>	<input type="checkbox"/>
Fri		Gymnastics Y5 & 6	<input type="checkbox"/>	<input type="checkbox"/>

Indicate if your child will is to Walk Home Independently (WHI) or goes to SOS after the club. Otherwise, we do expect pick up to be prompt.

Mobile Number while clubs take place _____

Signed _____ (parent/carer) Date _____

Please return the form A.S.A.P. for the best chance of a place in a club. We will text to confirm a place in each club.

- Children are able to go to the club immediately after school finishes at 3.10pm.
- Once a child has signed up for a club, THEY ARE EXPECTED TO ATTEND ALL SESSIONS.
- WE TAKE OUR RESPONSIBILITY FOR THE SAFETY OF THE CHILDREN VERY SERIOUSLY AND WILL CONTACT YOU BY TELEPHONE IF YOUR CHILD DOES NOT TURN UP FOR THE CLUB.
- If your child is unable to attend on a particular week, due to an appointment or unavoidable engagement, please contact the school office in advance.
- Children should be picked up from the club at the stated finish time. The collection point is the main school entrance for all clubs. If your child is in year 5 or 6 and you would normally let them walk home unaccompanied, please indicate on the booking form.
- If the club is unable to run on a particular week, we will contact you by text and will look after the children until you are able to collect them.

Japanese Culture Club

Open to ALL Years



When?

3.15 - 4pm.

15

27 Feb	5 Mar	12 Mar	19 Mar	26 Mar	
✓	✓	✓	✓	✓	

Who for? Boys or girls in
All years

What's it about? Come and find out about Japan, it's traditions and culture. Activities will include calligraphy, language, games and crafts related to festivals.

Contact Teacher - Miss Buckland

Running Club

Years 5 & 6



When? Tuesdays from 3.15 - 4.15pm

21 Jan	28 Jan	4 Feb	11 Feb	25 Feb	3 Mar
✓	✓	✓	✓	✓	✓
10 Mar	17 Mar	24Mar	31 Mar		
✓	✓	✓	✓		

Who for? Boys or girls in Years 5 & 6
Aim for Bronze, Silver or Gold awards in running or even the Falcon Mile.

Contact Teacher - Mrs Barber

Archery

Open to ALL Years



When? Tuesdays Before school club
8.00 - 8.45am

NB: Places limited

21 Jan	28 Jan	4 Feb	11 Feb	25 Feb	3 Mar
✓	✓	✓	✓	✓	✓
10 Mar	17 Mar	24 Mar	31 Mar		
✓	✓	✓	✓		

Who for? Boys or girls in All years

Run by: Premier sports **Cost:** £40

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Karate

All year groups



When? Tuesdays 3.15 - 4.15pm

NB: Max 30

21 Jan	28 Jan	4 Feb	11 Feb	25 Feb	3 Mar
✓	✓	✓	✓	✓	✓
10 Mar	17 Mar	24 Mar	31 Mar		
✓	✓	✓	✓		

Who for? All Boys or girls

Run by : ESKA Cost: £45

Contact Teacher - Mrs Barber

Running Club

Year 3 & 4



When? Wednesdays from 3.15 - 4.15pm

22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	4 Mar
✓	✓	✓	✓	✓	✓
11 Mar	18 Mar	25 Mar	1 Apr		
✓	✓	✓	✓		

Who for? Boys or girls in Year 3 & 4

Aim for Bronze, Silver or Gold awards in running or even the Falcon Mile.

Contact Teacher - Mrs Barber

Street Dance

Years 3 & 4

**STREET
DANCE**



When? Wednesdays from 3.15 - 4.15pm

NB: Limited places

22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	4 Mar
✓	✓	✓	✓	✓	✓
11 Mar	18 Mar	25 Mar	1 Apr		
✓	✓	✓	✓		

Who for? Boys and girls in years 3 & 4

Run by: Premier sports **Cost:** £40

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Street Dance

Years 5 & 6

**STREET
DANCE**



When? Wednesdays from 4.15 - 5.15pm

NB: Limited places

22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	4 Mar
✓	✓	✓	✓	✓	✓
11 Mar	18 Mar	25 Mar	1 Apr		
✓	✓	✓	✓		✓

Who for? Boys and girls in years 5 & 6

Run by: Premier sports **Cost:** £40

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Cheerleading

All years



When? Thursdays Before school club
8.00 - 8.45am

NB: Places limited

23 Jan	30 Jan	6 Feb	13 Feb	27 Feb	5 Mar
✓	✓	✓	✓	✓	✓
12 Mar	19 Mar	26 Mar			
✓	✓	✓			

Who for? All Boys or girls

Run by: Premier sports **Cost:** £36

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Football Club

Year 5



When? Wednesday Lunchtime

MAX SPACES 16

22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	4 Mar
✓	✓	✓	✓	✓	✓
11 Mar	18 Mar	25 Mar	1 Apr		
✓	✓	✓	✓		

Who for? Boys or girls in Year 5

What? Take part in football skills sessions.

Contact Teacher - Mr Woodcock

Football Club

Year 6



When? Monday From 3.15 - 4pm

UP UNTIL HALF TERM

MAX SPACES 25

20 Jan	27 Jan	3 Feb	10 Feb		
✓	✓	✓	✓		

Who for? Boys or girls in Year 6

What? Aim to improve your football skills.

Contact Teacher - Mr Smith

Tennis

All Year



When? Mondays from 4.15 - 5.15pm

20 Jan	27 Jan	3 Feb	10 Feb	24 Feb	2 Mar
✓	✓	✓	✓	✓	✓
9 Mar	16 Mar	23 Mar	30 Mar		
✓	✓	✓	✓		

Who for? All Boys or girls

Run by: Premier sports **Cost:** £40

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Gymnastics

Years 5 & 6



When? Fridays from 3.15 - 4.15pm

24 Jan	31 Jan	7 Feb	14 Feb	28 Feb	6 Mar
✓	✓	✓	✓	✓	✓
13 Mar	20 Mar	27 Mar			
✓	✓	✓			

Who for? Boys or girls in Years 5 & 6.

Run by: Premier sports **Cost:** £36

To book on visit premier-education.com

Contact Teacher - Mrs Barber

Rugby

Year 3 & 4



When? Tuesday 3.15 - 4.15pm

After half term only

Max number 20

25 Feb	3 Mar	10 Mar	17 Mar	24 Mar	31 Mar
✓	✓	✓	✓	✓	✓

Who for? Boys or girls in Years 3 & 4

Run by: Norwich Rugby Club

Contact Teacher - Mrs Barber

Rugby

Year 5 & 6



When? Monday 3.15 - 4.15pm

After half term only

Max number 20

24 Feb	2 Mar	9 Mar	16 Mar	23 Mar	30 Mar
✓	✓	✓	✓	✓	✓

Who for? Boys or girls in Years 5 & 6

Run by: Norwich Rugby Club

Contact Teacher - Mrs Barber

Football Club

Year 3 & 4



When? Monday 3.15 - 4.15pm

MAX number 30

20 Jan	27 Jan	3 Feb	10 Feb	24 Feb	2 Mar
✓	✓	✓	✓	✓	✓
9 Mar	16 Mar	23 Mar	30 Mar		
✓	✓	✓	✓		

Who for? Boys or girls in Year 3 & 4

Run by: Premier sports **Cost:** £36

To book on visit premier-education.com

Contact Teacher - Mrs Barber