

Learning Project WEEK 9 – Sports

Age Range: Y5

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> ● Get your child to practise their tables in one or more of the ways listed: play on Times Table Rockstars, play on hit the button – focusing on tables, division facts and squared numbers, complete the Sumdog times table challenge or play catch counting up in a particular multiple (between 2 and 100). If the ball is dropped, start again. Make it harder by spacing out or using a higher target number. ● Complete the White Rose Maths lessons 1-4 over the week. ● Complete the weekly maths challenges on Sumdog. ● Complete the daily High 5 questions. ● Pick your level of challenge – mild, spicy or hot – from the reasoning questions and work out the answers. Use the answers provided to check yours. ● Get your child to watch this video to understand the difference between reflection, translation and rotation. Then, try this activity that allows reflecting, translating and rotating practice. Or, place several objects on the ground and blindfold your child and use positional language to lead them to the items. ● Complete the 'Extra' reasoning and arithmetic questions if you wish. 	<ul style="list-style-type: none"> ● Ask your child to read daily from their home reading book or their Accelerated Reader book. Complete quizzes as usual (link is on the school website). ● Ask your child to listen to and read along with Arundel Swimming Pool. Ask your child to summarise each verse using one word only. ● Read the "FA Cup" reading comprehension and answer the questions. Select your level of challenge – mild, spicy or hot. Use the answers to mark your own work. ● Ask your child to read the sports pages of a newspaper or go to the online sports page and consider the language used. They could add interesting language to a sports' word bank. ● Ask your child to consider the actions of a character in a book they've recently read. Do they agree or disagree with the actions? They should verbally give reasons for their opinions and justify them using evidence from the text. ● Record your child's reading in their reading journal each time they read. Send a photo of this weekly to the class teacher and this reading will continue to count towards reading credits – this must be done weekly and will not be backdated on return to school.
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<p>Learn the following spellings: deflate, deform, decode, decompose, defuse, recycle, rebuild, rewrite, replace, revisit, families, bodies, sprawling, extinguishing – test on Friday and send picture to class teacher on Dojo.</p> <ul style="list-style-type: none"> ● Ask your child to choose 5 spellings from the list above and write a definition for each one. ● Can your child list sport related nouns and verbs that correspond with each letter of the alphabet? ● Choose 5 of this week's words and try to spell them as you throw a ball to each other. ● Choose 5 different words from your spelling list and write a sentence using each. ● Get your child to proofread one piece of writing from this week. Concentrate on spellings and words which could be improved. They may want to use a thesaurus or on-line version to make sure their word choices paint a picture for the reader. ● Spend 20 minutes on spelling activities on Sumdog and try to complete the weekly spelling challenge. ● Get your child to make their own word search using this week's spelling words. 	<ul style="list-style-type: none"> ● Visit the Literacy Shed for this wonderful resource on The Catch. Or create a short victory story about a character succeeding. ● Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'? They could present this on Word or Google Docs if they have access to a PC. ● Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order. ● Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history. ● Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs (e.g. will, should) and adverbs of possibility (certainly, probably). ● Spend 20 minutes on grammar activities on Sumdog and complete the weekly grammar challenge.

Learning Project - to be done throughout the week

Online Safety – Complete one of the activities from the Online Safety – Family Activities booklet.

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Sport Genius-** Ask your child to research about [sporting history](#) and see how many different [facts](#) they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- **Sporting Heroes-** Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist [Roy Lichtenstein](#) using felt tip pens or paint. If you want to share their creation at [#TheLearningProjects](#).
- **Name that Sport -** Get your child to create an [orienteeing map](#) of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteeing sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- **Beat It!-** Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their [heart rate](#) back to normal the quickest. Can they create a way of showing their results?
- **Anyone Can Be a Champion!-** This activity is all about exploring the diversity of sport. Ask your child to research the history of the [Paralympics](#) . Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.
- **Trivia Quiz! -** Test your family with a body trivia quiz. Create your own cards. Some examples of questions are: Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day?

Additional learning resources parents may wish to engage with

- [BBC Bitesize](#) - Lots of videos and learning opportunities for all subjects.
- [Classroom Secrets Learning Packs](#) - Reading, writing and maths activities for different ages.
- [Twinkl](#) - Click on the link and sign up using your email address and creating a password. Use the offer code UKTWINKLHELPS.
- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
- [Times Table Rockstars](#) and [Numbots](#). Your child can access both of these programmes with their school logins. On Times Table Rockstars, children should aim to play Soundcheck for 20 minutes daily.
- IXL online. Click here for [Year 5](#). There are interactive games to play and guides for parents.
- [Mastery Mathematics Learning Packs](#). Take a look at the mastery mathematics home learning packs with a range of different activities and lessons.

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