

Learning Project WEEK 6 – Food

Age Range: Y3

Activity support sheets are in the week 6 folder on Google Drive.

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<p>Weekly focus: Measurement (Time, length, capacity and weight.)</p> <ul style="list-style-type: none"> • Daily High 5s. • Sumdog – weekly skills practise and an assessment set for Friday • Length – Measure the length of different items around your house in cm. Challenge – Can you convert your measurements into mm, or m? • Weight – If you have a pair of scales, can you weigh different objects, or maybe even follow a recipe and weigh out ingredients to bake a cake! • Capacity – Can you find out the capacity of different objects around the house. Maybe you could measure out different types of drink and make your own Mocktail! • Answer the written problems involving time, capacity, weight and length. Choose your level of challenge and give these a go! • Working on Times Table Rockstars – Work on getting/ improving your Rock Status by going on Studio 10 times over the week. • Work on 'Numbots' - they can access this with the same login details as Times Table Rockstars. • Play on Hit the Button - focus on number bonds, halves, doubles and times tables 	<ul style="list-style-type: none"> • Complete a reading comprehension with your child. Ask your child to read the text, answer the questions and discuss the answers with you. • Listen to your child read and let them discuss what they have read. Encourage them to read with expression – Challenge: Can your child write a review about the book they have read? • Let your child choose a favourite character from a book they have read. Can they draw and describe them? • Reading is more fun when you have your own bookmark! Can you design your own? • Choose a favourite book – Can you design an alternative front cover for it? • Choose a favourite book that you have read – Can you come up with an alternative ending? (You could storyboard, or write this.) • Complete an AR quiz for any books you have read. • Get your child to read a book on Oxford Owl, discuss what your child enjoyed about the book. • With your child, look in magazines, newspapers and books for new vocabulary they are unfamiliar with. They could use a highlighter to highlight in magazines and newspapers.
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Practise 10 more Year 3/4 Common Exception words. • Silly sentences – Can you write funny sentences using the words you are practising to spell? • Get creative and colourful! – Can you write your spellings out using bubble writing and colour them in? • Draw your words in the shape of a rainbow, using a different colour for each word. • Keyboard spellings – Can you spell your words using a computer or tablet keyboard/pad? • Challenge – Can you spell your words out loud, without writing them down? • Go on Sumdog and practise spellings set for you. 	<ul style="list-style-type: none"> • Draw and describe your favourite food, or drink. Challenge – Can you explain why it is your favourite? • Can you help your adults write a shopping list for what groceries you need? (This could be real, or you could make your own up and include all your favourite foods and drinks!) • Can you write a set of instructions for making a sandwich, a simple meal, or something you have baked? • Think of a food, or drink someone in your household hates! Can you write them a letter to persuade them that it is not as bad as they think? • Write about the first place you would like to visit for a meal and what food and drink you would order, once shops and restaurants re-open?

Learning Project – Food: To be completed throughout the week.

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- Let's Wonder:

What is a balanced diet? Find out about the 5 food groups (Carbohydrates, protein, dairy fruits and vegetables, plus fats). Create a poster promoting a balanced diet, or create a balanced meal plate. Look in your cupboards to find out where the food you eat has come from. Which foods come from the UK? What does Fairtrade mean?

- Let's Create:

Make repeated pattern prints for decorative purposes using various natural materials, e.g. potato printing or create some still life observational sketches of fruit. Look at the artwork of Giuseppe Arcimboldo Maybe recreate some of his paintings with fruit.

- Be Active:

Food provides us with energy and we need energy to exercise and this keeps us fit. Why not practise your times-tables with BBC Super-movers? Recommendation at least 2 hours of exercise a week.

- Time to Talk:

As a family, you could create a healthy meal plan for the week. Discuss your favourite foods and why they enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.

- Understanding Others and Appreciating Differences:

Explore food around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian is? Vegan? Kosher food? Halal food?

- Reflect:

Can you make a healthy meal, or snack for your family? Can you measure and weigh out the ingredients, or follow a recipe? Maybe you could even create your own healthy snack, or meal and write the recipe and instructions for making it!

Staying safe online:

- Complete the 'Think before you share' activity with your family. (This is within the 'Staying safe online – Be an Internet legends' document in the 'Safety' folder on Google Drive.)

Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[White Rose Home Learning Maths](#) – 5 maths lessons each week with videos to support.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.