

# SOCIAL EMOTIONAL MENTAL HEALTH TEAM (SEMH)



## WHAT SUPPORT CAN THE SEMH TEAM OFFER?

- ◆ Assessment of family needs with the child, young person, family, this may be formal or informal
- ◆ Signposting of services for your child or family
- ◆ Help making referrals to support services such as Early Help, Nelson's Journey etc.
- ◆ Offering home based support to families in difficulty but who may not be able to get support from Early Help Team or a Children Services referral
- ◆ Attending or leading Family Support Plans with identified families
- ◆ Support to young people who are not accessing school/lessons because of an Social Emotional or Mental Health related issue, for example anxiety
- ◆ Attendance at meetings with families and young people who have been allocated to an SEMH worker
- ◆ On-going liaison and information sharing between families; school pastoral workers and teaching staff

If you think you would like to use this service for your child or family please contact your school and ask to be referred to our service.